



# Trip to Nepal with the Himalayan Sherpa Women's & Children's Foundation

## Experience Nepal @No cost

Dear All:

Thank you for your interest in this trip to Nepal. We guarantee it will be the trip of a life time, and a memorable achievement for everyone involved. With my knowledge of the Himalayas, I can tell you that many of the locals have never been to a dentist, and will definitely appreciate seeing you! How much we have and what we eat in our kitchens, no body sees. But, who we are and what we do for the communities we serve, locally and abroad, is always highly recognized and honored.

I personally take the responsibility in leading this amazing adventure, and organizing all details from the villages we travel to, to the work we'll all be doing. I will be leaving for Nepal ten days prior to your arrival. Our man/woman power is the key to our trip, so please let me know if you'll be joining us, as soon as possible.

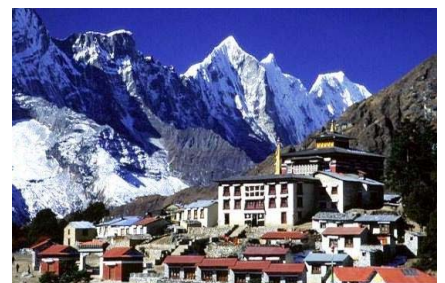
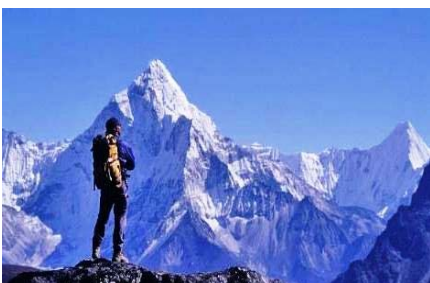
The deadline for our trip is June 15<sup>th</sup>, that leaves three months for preparation. It's imperative that you register as soon as possible, and we require a 50% percent down payment by June 26<sup>th</sup> to secure placement. We really look forward to this unforgettable travel opportunity, and making this a memorable achievement for all of us involved! Let's ride to the top of the world, and help those that need us most.

Thank you again,

**A.C Sherpa**

**Himalayan Sherpa Women & Children Foundation.**

**206.324-9000 or [info@himalayansherpa.com](mailto:info@himalayansherpa.com)**





# Trip to Nepal, Itineraries

## Dental Volunteer Itinerary Aug, 2008

Mon	Tues	Weds	Thurs	Fri	Sat	Sun
				29 Seattle to Korea	30 Korea to KTM	31 Rest Nepal
1 Fly to Phaplu	2 Salleri Volunteer	3 Salleri Volunteer	4 Salleri Volunteer	5 Salleri Volunteer	6 Salleri Volunteer	7 Phaplu to Kathmandu
8 KTM to Korea	9 Korea to Seattle	10	11	12	13	14

## Dental Volunteer Trip Itinerary 2009

Mon	Tues	Weds	Thurs	Fri	Sat	Sun
				28 Seattle to Korea	29 Korea to KTM	30 Rest Nepal
31 Fly to Phaplu	1 Salleri Volunteer	2 Salleri Volunteer	3 Salleri Volunteer	4 Salleri Volunteer	5 Salleri Volunteer	6 Phaplu to Kathmandu
7 KTM to Korea	8 Korea to Seattle	9	10	11	12	13

For more information, contact A.C Sherpa, Himalayan Sherpa Women & Children Foundation. 206.349.6667 or [info@himalayansherpa.com](mailto:info@himalayansherpa.com)



# Trip to Nepal, Accommodations



## **PARTICIPANTS WILL RECEIVE:**

- NW Airlines international round trip ticket to Nepal, connecting to Thai Air.
- Domestic round trip ticket: Kathmandu to Lukla.
- All hotel stays.
- Three (3) full meals per day (breakfast, lunch, dinner).
- Professional staff and guide: Sirdhar, Sherpa, cook, kitchen boy, potters.
- Transportation from airport to hotel, and back.
- Fee for all camp grounds.

## **NOT INCLUDED:**

- Any personal expenses.
- Any special permits, fees (not including camp grounds).
- Donations.
- Staff gratuity or gifts (all staff gifts must be passed on through group leaders, and/or Sirdhar).

**For all details, please contact me asap. I can't wait to share this experience with all of you.**

**A.C Sherpa**

**Himalayan Sherpa Women's & Children's Foundation.**

**206.324-9000 cell, or [info@himalayansherpa.com](mailto:info@himalayansherpa.com)**





# Sponsors for the event 2006

Thank you for your help & supports to Himalayan Sherpa Women and Children foundation. We're very thankful and greatly appreciated for your generous to Himalayas. We hope to continue your supports and thoughts.



*Arnold Dental Supply Seattle & Diversified Dental Services*

**Himalayan Sherpa Trek & Expedition**

## Individual Donor

Dr. Kois

Dr. Baptista Kwok

Dr. Alison Han & A.C Sherpa

**“See the world and lend a hand”**





**This Trips will be continue every  
years. Please book now!**



**Next Itinerary: Sept, 2008-09**

- **Everest Base camp 14 People**
- **Volunteer Village Dental Trip 12 People**
- **Island Peak Climbing Group 15 People**

Many others have shown great interest in participating in this Trip to Nepal, and memorable volunteer opportunity. If you have any questions, or if you have made the decision to join us for this great adventure in the future, please contact me as soon as you can.

Let's ride to the top of the world, and help those that need us most.

Thank you again,

A.C Sherpa

**Himalayan Sherpa Women & Children Foundation.**

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